



OFFICIALS RESOURCE SERIES

Swimming & Diving Gear Guide

A practical checklist for arriving prepared, looking professional, and handling the assignment with confidence.

**THE
STANDARD**

Confirm every item against your state association, governing body, conference, and assigner requirements.

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Swimming & Diving Assignment Checklist

Build your bag around reliability: the correct uniform, duplicate critical tools, comfort items, and protection for the conditions.

UNIFORM & PRESENTATION

- Meet-approved white polo/top and navy or khaki bottoms
- Clean, non-slip deck shoes
- Lightweight layers suitable for humid pool environments
- Association credentials displayed only as directed

ESSENTIAL TOOLS

- Whistle if assigned, clipboard, heat sheets, pens/pencils
- Timing device or stopwatch when assigned
- Rulebook/reference, disqualification slips, and deck assignment sheet
- Water-resistant pouch for paper and electronics

SMART BAG EXTRAS

- Spare socks and shoes, towel, water bottle
- Highlighters, extra pens, plastic document sleeves
- Ear protection for long indoor sessions if appropriate and permitted

Pack, Inspect, Perform

WHEN	WHAT TO DO
48-24 HOURS	Confirm venue, level, crew, uniform, arrival time, parking, payment process, and special instructions.
NIGHT BEFORE	Lay out the complete uniform. Charge devices. Test whistles/timers. Check weather and travel time.
ON ARRIVAL	Change or finish dressing privately. Inspect equipment. Meet the crew. Complete the required pregame.
AFTER GAME	Record game details, clean and dry gear, replace used supplies, and note anything needed before the next assignment.

AVOID THESE MISTAKES

- Shoes with poor wet-deck traction
- Loose papers near the pool
- Assuming the same equipment for starter, stroke/turn, and diving roles

Starter Budget Strategy

PRIORITY	BUY FIRST	UPGRADE LATER
1	Required uniform and footwear	Second full uniform set
2	Required tools and protection	Premium bag/organizer
3	Backup whistle/timer and basics	Weather-specific duplicates

Important: This guide provides general preparation recommendations, not a universal uniform rule. Requirements vary by sport, season, level, state, conference, and governing body.